

Sex and Relationships Education Policy
John Colet School

Date policy was agreed	July 2017
Date policy was reviewed	July 2017
Date reviewed by the Curriculum Committee	July 2017
Date reviewed by parents	June 2017
Date reviewed by Governor Advisor	June 2017
Date Equalities impact assessment completed	June 2017
Senior Leadership Team Member accountable for writing and reviewing the policy	S Gould

‘Children need high-quality sex and relationships education
so they can make wise and informed choices.’

The Education White Paper 2010

John Colet takes very seriously its responsibility to provide relevant, effective, and responsible sex and relationship education (SRE) to all of its students as part of the school’s Personal, Social, Health and Economic Education (PSHE) curriculum. The school wants parents and students to feel assured that sex education will be delivered at a level appropriate to both the age and development of students, and safe to voice opinions and concerns relating to the sex education provision

Consultants for the policy

The Headteacher, school governor overseeing Sex and Relationships Education at John Colet , the school nurse, the teenage pregnancy advisory service, Wendover Health Centre, the manager of the school Inclusion Unit, Teacher in charge of PSHE, School PHSE team of teachers, students via results from PHSE surveys. This policy was developed in response to Sex and Relationship Education Guidance DfE 2000 and the National Teenage Pregnancy Strategy.

Links to other policies: Safeguarding policy

Monitoring and evaluation

This policy will be formally reviewed every 3 years.

- It is the responsibility of the PSHE Co-ordinator to oversee and organise the monitoring and evaluation of PSHE. The PSHE programme will undergo yearly self-evaluation.
- The Governors are responsible for overseeing, reviewing and organising the revision of the Sex and Relationship Education Policy

- Ofsted is required to evaluate and report on spiritual, moral, social and cultural development of students. This includes evaluating and commenting on the school's sex and relationship education policy.
- Student feedback questionnaire conducted after the PHSE lessons; this feedback feeds into the planning of future PHSE sessions
- Feedback from the School Council
- Tutor feedback to the PHSE co-coordinator about the sex and relationship content of the programme
- Review meeting of those involved in delivering the courses at the end of the year
- Confidential information about particular students

What is Sex and Relationship Education?

SRE is a lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of commitment to family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

SRE should be factually accurate, evidence-based and age – appropriate; be sensitive to faith and cultural perspectives; promote equality, inclusion and acceptance of diversity; promote strong and stable relationships and provide children and young people with a clear sense of rights and responsibilities.

Values of Sex and Relationship education at John Colet School

- Be an integral part of the lifelong learning process, beginning in early childhood and continue into adult life.
- Be an entitlement for all young people
- Be set within this wider school context and supports family commitment and love, respect and affection, knowledge and openness. Family is a broad concept; not just one model, e.g. nuclear family. It includes a variety of types of family structure, and acceptance of different approaches.
- Encourage students and teachers to share and respect each other's views. We are aware of different approaches to sexual orientation, without promotion of any particular family structure. The important values are love, respect and care for each other.
- Generate an atmosphere where questions and discussion on sexual matters can take place without any stigma or embarrassment.
- Recognise that the wider community has much to offer and we aim to work in partnership with health professionals, social workers, peer educators and other mentors or advisers.

Aims of Sex and Relationship Education at John Colet School

The aim of SRE is to provide balanced factual information about human reproduction, together with consideration of the broader emotional, ethical, religious, and moral dimensions of sexual health. Our SRE programme aims to prepare students for an adult life in which they can:

- Develop positive values and a moral framework that will guide their decisions, judgements and behaviour; have the confidence and self-esteem to value themselves and others throughout their physical, emotional and moral development

- Learn to respect themselves and others and move with confidence from childhood, through adolescence into adulthood
- Deal with difficult moral and social questions
- Develop positive values
- Understand the consequences of their actions and behave responsibly within sexual relationships.
- Avoid being exploited or exploiting others or being pressured into unwanted or unprotected sex.
- Develop awareness of their sexuality and understand human sexuality; challenge sexism and prejudice, and promote equality and diversity
- Understand the arguments for delaying sexual activity.
- Understand the reasons for having protected sex.
- Have sufficient information and skills to protect themselves and, where they have one, their partner from uninvited/unwanted conceptions and sexually transmitted infections including HIV.
- Be aware of sources of help and acquire the skills and confidence to access confidential health advice, support and treatment if necessary
- Know how the law applies to sexual relationships.

The three main elements of Sex and Relationships Education

- Attitudes and values
- Personal and social skills
- Knowledge and understanding

How Sex and Relationships Education is provided at John Colet School

- Within the school curriculum in science and humanities lessons
- Within the framework of a Personal Health and Social Education (PHSE) programme. A team of teachers delivers the lessons with input and advice from the school health nurse.
- The School Nurse drop in service. This service is available to students and is staffed by the school Health Nurse.
- The School counsellor provides help and advice to students
- There is a partnership between the school and the Wendover Health Centre that enables female students to be referred if there are any concerns about pregnancy. This is a confidential provision overseen by the Safeguarding Officer at the school.
- Programmes for vulnerable/at risk students are organised by the Inclusion Unit Manager.

The expected outcomes of Sex and Relationships Education

- Increased knowledge and understanding of the topic
- Students are confident enough to ask questions
- Students learn to value themselves
- Individuals/students respect one another and one another's views
- Individuals feel confident to form their own opinions
- In class discussions students have the right to express their own beliefs within agreed ground rules. Sexual behaviour (like all behaviour) should be something that takes place within a framework of respect for oneself and for others underlying this is a respect for the responsibility that accompanies all relationships, including those of the family.

Inclusion

Ethnic and Cultural Groups

We intend our policy to be sensitive to the needs of different ethnic groups. For some young people it is not culturally appropriate for them to be taught particular items in mixed groups. We will respond to parental requests and concerns.

Students with Special Needs

We will ensure that all young people receive SRE, and we will offer provision appropriate to the particular needs of all our students, taking specialist advice where necessary.

Sexual Identity and Sexual Orientation

We aim to deal sensitively and honestly with issues of sexual orientation, answer appropriate questions and offer support. Young people, whatever their developing sexuality need to feel that SRE is relevant to them.

The right to withdraw

As agreed by the Governors, the school's SRE Programme is taught when and where appropriate within the curriculum. Most of the teaching falls within the area of PHSE, which is covered through the Active Tutorial Programme. Elements of sex education are also found in the science curriculum and humanities curriculum. Parents have the right to withdraw their son/daughter from the sex education programme if they wish. Parents wishing to discuss this further should contact the Headteacher at the school.

This statement is written in the school prospectus.

Information about the right to withdraw is included in the student welcome pack; the SRE Policy is also on the school's website.

Confidentiality

- Staff cannot promise total confidentiality
- If a student discloses information which is sensitive and the student asks that this should not be passed on, the request will be considered; however if the School, its representatives or staff feel that to maintain confidentiality may place the student in further danger or within the realms of harm as defined by the Children's Act 1989, they will have a duty to safeguard the student's welfare and in certain circumstances may not be able to keep such a request confidential. Students are told that staff cannot promise total confidentiality
- Every effort will be made to secure the student's agreement before information is shared.

Partnerships

- The School Nurse

- Wendover Health Centre
- Government vaccination programmes
- Connexions
- RU Safe – Barnardos
- CAHMS (Child and Adolescent Mental Health Service)
- CABHS (Child and Adolescent Harmful Behaviours Service)

Appendices

- Wendover Health Centre Partnership Protocol
- John Colet PHSE Programme

Appendix 1 Wendover Health Centre agreement.

Service agreement - Wendover Health Centre and John Colet School

Service Agreement between John Colet School and Wendover Health Centre to provide Emergency Contraception and Pregnancy Tests on request

Wendover Health Centre will provide emergency contraception, pregnancy tests and condoms to pupils of the John Colet School who have been referred by a member of school staff.

What is expected from Health Centre Staff?

- ◆ Confidentiality –practice staff work to the confidentiality guidelines of their respective professions with reference to Fraser Guidelines
- ◆ Safeguarding issues are identified with appropriate referral when necessary
- ◆ Agreed guidance and procedures are followed
- ◆ Accessibility – pupils will be referred by a designated member of school staff
THIS IS NOT A DROP-IN SERVICE
- ◆ Encouragement to pupils to discuss problems with parents and, where relevant, with the school, whilst respecting the pupils' rights to privacy and confidentiality.
- ◆ Support pupils to discuss issues, when appropriate, with a trusted member of school staff / school health nurse
- ◆ Support to pupils in accessing help from other services when appropriate.
- ◆ Liaison with the school on issues identified within the consultation which may also need to be addressed within the school setting in other ways (eg through the PHSE programme)
- ◆ A closer relationship with professionals from the health service to enhance partnership working
- ◆ To maintain a regular monitoring process for audit purposes

What is expected from the John Colet School?

- ◆ Governors' agreement that this appropriate health and advisory service.
- ◆ Agreement from governors that pregnancy tests may be carried out and that emergency contraception and condoms will sometimes be issued.
- ◆ Briefing for all new governors on the service
- ◆ Identification of a link member of staff to liaise between the health centre and the school.
- ◆ The service is accessed only by referral from the link member of staff or school health nurse
- ◆ The pupil's right to confidentiality is respected and that liaison between the school and health centre staff is maintained through the named link staff member / school health nurse
- ◆ Safeguarding issues are identified with appropriate referral when necessary
- ◆ Support is given to pupils in accessing help from other services when appropriate.
- ◆ Distribution of information about the service to all parents, with specific mention of the availability of pregnancy tests and condoms with opportunities for them to discuss any concerns.

The Link Teacher will:

- ◆ Ensure pupil's right to confidentiality is respected at all times Safeguarding issues are identified with appropriate referral when necessary
- ◆ Ensure school staff are fully briefed on the service as they will play a vital role in encouraging appropriate students to access the service.
- ◆ Facilitate appropriate publicity about the service and ensure new pupils are included in this.
- ◆ Ensure new parents are informed of the service and given opportunities to discuss concerns.

Appendix 2

Topics Covered in Sex and Relationships Education at John Colet School in the PHSE Programme

Year 7	Friendships, Healthy eating, Crime.
Year 8	'Real Love Rocks' Programme (Healthy relationships, child sexual exploitation).
Year 9	Personal safety; health choices; self-esteem; peer pressure.
Year 10	Self-esteem; sexual health; alcohol, drugs.
Year 11	Sexual health and drugs.
Year 12/13	Consent, Implications when dealing with drugs.

The PHSE Programme for Year 7

Session	Year 7 Topics
1	Healthy Relationships
2	Emotional first aid and resilience
3	Recycling
4	Healthy eating/eating disorders
5	Crime: Talk from a PCSO
6	Grooming
7	Project (Choice of three)
8	Project (Choice of three)

The PHSE Programme for Years 8 and 9

Session	Year 8 Topics	Year 9 Topics
1	Healthy Relationships and Consent	Positive Relationships
2	Healthy Relationships and Consent	Online Grooming
3	What is CSE and Grooming	Peer Pressure
4	What is CSE and Grooming	E-Safety
5	Keeping Safe	Body Image
6	Keeping Safe	Bullying or Banter
7	Impact of Porn and Sexting	Racism
8	Impact of Porn and Sexting	Resilience

The PHSE Programme for Years 10 and 11

Session	Year 10 Topics	Year 11 Topics
1	Alcohol	Sexism and Gender
2	Drugs and Law	Pornography
3	Cyber Bullying	Safe Sex/STIS
4	Consent	Sexting
5	LGBT	Abortion
6	Self Esteem	Drugs

The PHSE Programme for Years 12 and 13

Session	Year 12 Topics	Year 13 Topics
1	Study Skills	UCAS forms and personal statements.
2	Visiting speaker - Sarah Cleveley - Anthony Nolan Trust	Visiting speaker - Sarah Cleveley - Anthony Nolan Trust
3	Drink Driving	Consent
4	Visiting speaker - Linda Harris - Samaritans	Visiting speaker - Linda Harris - Samaritans
5	Dealing with drugs and the implications.	Dealing with drugs and the implications.
6	Alternatives to University	Management: Debates

The Year 7 Tutorial Programme

Session	Topic
1-4	Starting secondary school Learning to be together; based on SEAL topics
5	Bullying Talk about bullying issues; look at the school policy and the Anti-Bullying charter. What is bullying? How should you report it?
6 and 7	Safety Road safety; journeys to school etc. keeping safe
8-10	Health Topics <ul style="list-style-type: none">• Healthy Eating• Drug awareness
11-13	Careers topics
14-18	Motivation and achievement
Final Session	Summing up the year